

Menu Winter 2019 - Fresh Bread and Milk Available Daily

Week 1 MONDAY	Homemade Pepperoni or Cheese and Tomato Pizza (V)	White and Wholegrain Pasta Coleslaw Sweetcorn Green Salad	Jacket Potato with a choice of filling	Cranberry Flapjack with Yoghurt Drizzle Organic Fruit Yoghurt Selection of Fresh Fruit
TUESDAY	Local Butchers pork sausage or Vegetarian Quorn Sausage (V)	Creamy Mashed Potato Baked Beans Peas/ Green Salad	Jacket Potato with a choice of filling	Chocolate Sponge with Chocolate Sauce Organic Fruit Yoghurt Selection of Fresh Fruit
WEDNESDAY	Local Butchers Roast Beef served with Yorkshire pudding and gravy or Cheddar Whirl (V)	Roast Potatoes Cauliflower florets Fresh carrots Green salad	Jacket Potato with a choice of filling	Ice cream Arctic Roll Organic Fruit Yoghurt Selection of Fresh Fruit
THURSDAY	Homemade Chicken Korma or Sweet Potato and Lentil Korma (V)	White and Wholegrain Rice Naan Bread Sweetcorn, Cucumber	Jacket Potato with a choice of filling	Apple Crumble and Custard Organic Fruit Yoghurt Selection of Fresh Fruit
FRIDAY	Harry Ramsden's Fish Fillet	Chips Mixed Veg / Peas Green Salad	Jacket Potato with a choice of filling	Viennese Biscuits Organic Fruit Yoghurt Selection of Fresh Fruit
Week 2 MONDAY	Fish Fillet in a brioche bun or Quorn Dippers (V) Both with tomato sauce or mayonnaise	New Potatoes Mixed Vegetables Carrot Sticks Green Salad	Jacket Potato with a choice of filling	Cornflake Tart and Custard Organic Fruit Yoghurt Selection of Fresh Fruit
TUESDAY	Homemade Spaghetti Bolognese or Quorn Bolognese (V)	Garlic Bread Sweetcorn Peas Green Salad	Jacket Potato with a choice of filling	Giant Cookie with Fruit Wedge Organic Fruit Yoghurt Selection of Fresh Fruit
WEDNESDAY	Local Butchers Roast Gammon served with Yorkshire pudding and gravy or Cheesy Stack Wrap (V)	Roast Potatoes Freshly sliced carrots Whole Green Beans Green Salad	Jacket Potato with a choice of filling	Strawberry Fruit Jelly Organic Fruit Yoghurt Selection of Fresh Fruit
THURSDAY	Homemade Chicken Goujons or Macaroni Cheese (v)	White and Wholegrain Rice, Broccoli, Sweetcorn Green Salad	Jacket Potato with a choice of filling	Jam Tart and Custard Organic Fruit Yoghurt Selection of Fresh Fruit
FRIDAY	Local Butchers Beefburger in a Floured Bap or Vegetable Burger in a Floured Bap (v)	Chips Baked Beans Peas Cucumber	Jacket Potato with a choice of filling	Chocolate Rice Crispy Cake Organic Fruit Yoghurt Selection of Fresh Fruit
Week 3 MONDAY	Cheese and Tomato Pasta Bake or Salmon Puff (V)	Garlic Bread Peas Sweetcorn Green Salad	Jacket Potato with a choice of filling	Lumpy Bumpy Cake Organic Fruit Yoghurt Selection of Fresh Fruit
TUESDAY	Homemade Minced Beef Wrap or Roasted Vegetable Wrap (V)	White and Wholegrain Rice, Carrots Mixed Vegetables Green Salad	Jacket Potato with a choice of filling	Homemade Shortbread Organic Fruit Yoghurt Selection of Fresh Fruit
WEDNESDAY	Roast Turkey served with Yorkshire Pudding and Gravy or Roasted Quorn Fillet served with Yorkshire pudding and Gravy (V)	Roast Potatoes Freshly sliced Carrots Peas Green Salad	Jacket Potato with a choice of filling	Homemade Creamy Rice Pudding and Jam Organic Fruit Yoghurt Selection of Fresh Fruit
THURSDAY	Homemade Pork Meatballs in Tomato Sauce or Vegetarian Quorn Balls in tomato sauce (V)	White and Wholegrain pasta Cauliflower Florets Sweet Corn Green Salad	Jacket Potato with a choice of filling	Apple Crumble and Custard Organic Fruit Yoghurt Selection of Fresh Fruit
FRIDAY	Oven baked Young's Omega 3 Fish Fingers Or Oven Baked Vegetable Fingers	Chips Baked Beans Peas Cucumber	Jacket Potato with a choice of filling	Red Velvet Cake Organic Fruit Yoghurt Selection of Fresh Fruit