



Danbury Park Community Primary School

What does PSHE look like in the Early Years Foundation Stage?

In the Early Years Foundation Stage, PSHE is referred to as personal, social and emotional development. (PSED) This area of children’s learning is concerned with wellbeing – knowing who you are, where you fit in and feeling good about yourself. It is also about developing respect for others, social competence and a positive disposition to learn.

- 🦉 Children will learn to form positive relationships in a setting that supports mutual respect and understanding and that celebrates and acknowledges differences.
- 🦉 With adults as guides and role models, children will learn to develop anti-discriminatory attitudes.
- 🦉 Children will be encouraged to gain a knowledge and understanding of their own culture and community to help them develop a sense of belonging and a strong self-image.
- 🦉 Role play is used to help children explore their own culture and appreciate the similarities and differences in those of others.
- 🦉 A positive self-image and high self-esteem will be encouraged to give children the confidence to make the most of opportunities, to communicate effectively and to explore the world around them.
- 🦉 Children learn about different kinds of relationships. Being with the same adults and children regularly gives them the time and opportunity to develop relationships that promote social competence.
- 🦉 Your child will be encouraged to think about and practise ways of solving problems to help them to feel capable of responding to challenges.

The Children’s Health Project is used as a resource in the summer term when learning about Superheroes.

PSED Topics

Autumn term	Spring term	Summer term
<p>Health and wellbeing</p> <p>Keeping safe, growing and changing.</p>	<p>Relationships</p> <p>Self-image, respecting ourselves and others</p>	<p>Living in the wider world</p> <p>People who help us, keeping safe.</p>